

CRISIS LINES: (911-emergency situation)

<u>PLACE:</u>	<u>CONTACT INFORMATION:</u>	<u>LOCATION:</u>
COPEs	918-744-4800	Tulsa
Suicide Lifeline	1-800-273-TALK (8255)	
SAFELINE	800-522-7233	
Teen Hotline	800-522-8336	
Abuse Hotline-child or adult	800-522-3511	
Tulsa Co. Behavioral Health	918-293-2100	Tulsa
Tulsa Area Resources	211 www.211.org	Tulsa
Green Country Mobil Crisis Team	918-682-8407, 918-687-1039	
Grand Lake Mobile Crisis	800-682-8407	Rogers County
Cherokee Nation Indian Child Welfare	918-458-6929	

CHILDREN'S INPATIENT TREATMENT FACILITIES: (*danger to self or others)

Shadow Mountain (4-17)	918-492-8200	Tulsa
Parkside Mental Health (6-17)	918-588-8888	Tulsa
CALM Center	918-394-2256	Tulsa
Cedar Ridge Treatment Facility	405-605-6111 (or 605-5904)	Oklahoma City
Eagle Creek (Boys 12-17)	918-493-3208	Kansas, Ok
Willowcrest (5-17)	918-542-1836	Miami, Ok
Brush Creek Teen Challenge (Boys)	918-435-8206	Jay, Ok
New Lifehouse Teen Challenge (Girls)	918-435-8206	Disney, Ok

ADULT MENTAL HEALTH CRISIS:

Tulsa Center for Behavioral Health	918-293-2140	Tulsa
Parkside Mental Health	918-588-8888	Tulsa
Laureate	918-481-4000	Tulsa
St. John's Hospital	918-744-3900	Tulsa

LOCAL COUNSELING & TREATMENT:

CREOKS Behavioral Health	918-382-7300/918-342-2080	Tulsa/Claremore
Youth Services of Tulsa	918-272-5146	Owasso
Family & Children's Services	918-587-9471	Tulsa
Palmer Continuum of Care	918-608-9165	Tulsa
Ram Counseling	918-697-6524	Owasso
Harmony Counseling Services	918-272-2599	Owasso
Generations Family Counseling	918-341-8100	Claremore
Family Therapy & Renewal Center	918-369-4950	Owasso
Embrace Life Counseling	918-212-6196	Owasso